



Supporting Parents & Families after a Stillbirth,  
Neonatal Death, Miscarriage or Medical Termination



# **BABY LOSS**

## Workplace Training and Support





## The Lily Mae Foundation

The Lily Mae Foundation, a UK registered charity since 2010, supports parents and families after the loss of a baby to Stillbirth, Neonatal Death, Miscarriage or to a Medical Termination.

The Foundation has a wealth of experience in devising and delivering training to meet the needs of individuals, groups and organisations. We deliver multi-disciplinary workshops on a range of subjects to professionals supporting bereaved parents following the devastating loss of a baby. We know how important it is that organisations and their managers have the knowledge, understanding and skills to support bereaved employees whilst on leave and on their return to work.

The loss of a baby severely impacts on an employee's performance in the workplace and it has been identified as a major life event that can cause or exacerbate mental health conditions.

Reports call for improved training to support all staff who are in regular contact with those who have been recently bereaved following the loss of a baby. It is recognised that this training is particularly important for line managers, who play a significant part in influencing a grieving employee's experience of their workplace. Many senior personnel can feel deskilled in situations of bereavement, and colleagues struggle with what to say and how to behave when someone returns to work.

The Lily Mae Foundation has developed Baby Loss: Workplace Training and Support - a practical, interactive training session, delivered by parents who have lost a baby, for HR managers, senior and line managers in businesses and organisations of all sizes to help them better understand and meet the needs of grieving employees following the loss of a baby.





## The training and support session will cover:

- Baby loss in the UK, the current local and national picture.
- The different types of baby loss and their official definitions.
- Miscarriage and why this may differ from other types of baby loss.
- The emotional impact of baby loss on parents, wider family members, friends and the work place.
- Behaviours that are normally associated with baby loss and the grieving process
- Line Managers & other colleagues: What to say and what not to say when finding out that a colleague has lost a baby.
- Returning to work after losing a baby: Exploring a phased return and other practical adjustments.
- Lived Experience: a parents' viewpoint of returning to work following the loss of a baby.
- Men and baby loss. Challenging societal norms and breaking stigmas.
- Supporting colleagues through anniversaries and possible triggers.
- The ongoing support available from the Lily Mae Foundation and other local and national providers
- Pregnancy after loss and support you can offer.



We can provide this training and support, tailored to meet your organisation's particular needs and challenges, at a time and location to suit you. The training and support can be delivered face to face or online.



The above training and support session is usually delivered over one day and takes approximately eight hours. However, the training and support can be delivered in modules to suit an organisation's needs and timings.

We normally charge £800 for a day's session but we are very happy to receive donations or to negotiate a fee depending on the organisation's requirements.



If the above training and support is of interest to you, then please do not hesitate to contact me to discuss your needs, requirements and timings.

### **Ryan Jackson - Founder & Managing Director**

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